

FIONA E. O'FARRELL, Ph.D., LMFT, CST-S

Curriculum Vitae

1914 N. 34th Street, Suite 500, Seattle, WA 98103

Phone: 206.693.2888 E-mail: fiona@adaptivecounselingseattle.com

EDUCATION

MODERN SEX THERAPY INSTITUTES, Palm Beach, FL

Doctor of Philosophy, Clinical Sexology, 2023

Doctoral Project: The Wheel of Consent: A Framework for Training Sexuality Therapists

Chair: Dr. Jennifer Sampson, LMFT

Committee: Dr. Cayla Minaiy, LMFT

Approved Program: American Association of Sex Educators, Counselors, and Therapists

Approved Program: American Psychological Association

PACIFIC LUTHERAN UNIVERSITY, Parkland, WA

Master of Arts, Marriage and Family Therapy, 2012

Master's Thesis: Military Families' Experience of Grief and Facebook: A Phenomenological Study

Advisor: Dr. Elisabeth Wilson, LMFT

Accredited Program: Commission on Accreditation for Marriage and Family Therapy

WESTERN WASHINGTON UNIVERSITY, Bellingham, WA

Bachelor of Arts, Psychology, Minor in French Language, 2008

PROFESSIONAL EXPERIENCE

Director of Sexuality Certificate Programs, Antioch University, Seattle, WA, 2020–Present

Approved Sex Therapist Supervisor, American Association of Sex Educators, Counselors, and Therapists, 2023–Present

Approved Clinical Supervisor, American Association of Marriage and Family Therapy, 2021–Present

Coordinator of Sexuality Certificate Programs, Antioch University, Seattle, WA, 2018–2020

Teaching Faculty, Antioch University, Seattle, WA, 2018–Present

Relationship, Sex, and Intimacy Therapist, Owner, Adaptive Counseling, Seattle, WA, 2014–Present

Affiliate Faculty, Antioch University, Seattle, WA, 2017–2018

Adjunct Faculty, Bastyr University, Kenmore, WA, 2015–2017

Research Interviewer, School of Social Work, University of Washington, 2015

Research Interviewer, Seattle Social Development Group, University of Washington, 2014–2016

Research Assistant, Colorado State University, Fort Collins, CO, 2013–2014

Couple and Family Therapist, Conscious Connections, Denver, CO, 2013–2014

Child and Family Therapist, Navos, West Seattle, WA, 2012–2013

Child and Family Therapist Intern, Navos, West Seattle, WA, 2011–2012

Research Coordinator II, Department of Epidemiology, University of Washington, 2011–2013

Couple and Family Therapist Intern, Couple and Family Therapy Center, PLU, Parkland, WA, 2010–2012

Research Coordinator, Department of Epidemiology, University of Washington, 2009–2011

LICENSURE AND CERTIFICATIONS

Licensed Marriage and Family Therapist, Washington State, Department of Health.

Qualified Mental Health Provider

Washington State Approved Supervisor

License No. LF60508020

Issue Date: 10/22/2014. Expiration Date: 02/15/2024.

Approved Sex Therapy Supervisor, American Association for Sex Educators, Counselors, and Therapists.

Issue Date: 03/28/2023. Expiration Date: 03/28/2026.

Approved Supervisor, American Association for Marriage and Family Therapy.

Issue Date: 07/21/2021. Expiration Date: 07/31/2026.

Certified Sex Therapist, American Association for Sex Educators, Counselors, and Therapists.

Issue Date: 11/08/2018. Expiration Date: 11/08/2024.

Marriage and Family Therapy Candidate, Colorado State, Department of Regulatory Agencies.

Permit No. MFTC. 0013401

Issue Date: 10/2013. Expiration Date: 10/2017.

Licensed Marriage and Family Therapist Associate, Washington State, Department of Health.

License No. LF60508020

Issue Date: 10/22/2014. Expiration Date: 02/15/2024.

HONORS AND AWARDS

Research Fellowship, awarded by Pacific Lutheran University, Parkland, WA, 2010–2011

PUBLICATIONS IN PREPARATION

Sampson, J. & O'Farrell, F. (Forthcoming). *Decolonizing Human Development and the Family Life Cycle: Intersectional Perspectives for Transformative Family Therapy*. Routledge. (Textbook in Preparation).

O'Farrell, F. (2023). *The Wheel of Consent: A Framework for Training Sexuality Therapists*. Journal Submission TBD.

O'Farrell, F. & MacLeod, M. (2023). *POTT x SEX*. Journal Submission TBD.

CONFERENCE PRESENTATIONS

- O'Farrell, F.** (2023). *Consent-based Training for Relational Therapists*. Presentation at the International Family Therapy Congress, Malaga, Spain.
- O'Farrell, F.** (2020). *Considerations in Couples Therapy during COVID-19*. Thriving and Making Comfort Conference Person-Centered Tech
- O'Farrell, F.** (2019). *Let's Talk About Sex: Prioritizing Sexual Health Conversations with your Clients*. Presentation at the Washington Association for Marriage and Family Therapy Annual Conference, Seattle, WA.
- O'Farrell, F.** (2019). *Minds, Hearts, Parts, and More!: An Integrative Approach to Teaching Sexual Anatomy, Arousal, and Identity*. Presentation at the American Association for Sex Educators, Counselors, and Therapists Annual Conference, Philadelphia, PA.
- O'Farrell, F.** (2013). *Military Families' Experience of Grief and Facebook: A Phenomenological Study*. Poster Presentation at the American Association for Marriage and Family Therapy National Conference.

MEDIA

Pepper Together Web Journal

- Leith, J. & **O'Farrell, F.** (2022). *Your Guide on How to Have Better Sex*.
- Leith, J. & **O'Farrell, F.** (2022). *Everything you need to know about Erectile Dysfunction*.
- Leith, J. & **O'Farrell, F.** (2022). *Vaginal Dryness: What it is, What Causes It and How to Treat It*.
- Leith, J. & **O'Farrell, F.** (2022). *Your Ultimate Guide to the Female G Spot*.

The Seed Field Podcast with Justin Nighthawk, Season 3

Topic: Sex Therapy

Sexology Podcast with Dr. Nazanin Moali, Episode 155

Topic: Non-Binary Approaches to Anatomy and Arousal

Psychology in Seattle Podcast with Dr. Kirk Honda, Episode 709

Topic: Sex and Intimacy Therapy

TEACHING EXPERIENCE

Teaching Faculty: Antioch University, Seattle, WA Jan 2018-Present

- *COUN5050: Systems Perspectives in Family Therapy*, Master of Arts in Couple and Family Therapy
- *COUN5025: Competency Assessment IV*, Master of Arts in Couple and Family Therapy
- *COUN5240: Human Sexuality*, Master of Arts in Couple and Family Therapy

- *COUN5242: Fundamentals of Sex Therapy*, Master of Arts in Couple and Family Therapy
- *COUN5471: Diversity in Sexual Expression*, Master of Arts in Couple and Family Therapy
- *COUN5800: Applied Couple Therapy*, Master of Arts in Couple and Family Therapy
- *COUN5840: Assessment and Treatment in Family Systems*, Master of Arts in Couple and Family Therapy
- *COUN5900: The Developmental Model of Couple Therapy*
- *COUN5910: The Wheel of Consent*
- *COUN6002-6: Clinical Case Consultation*, Master of Arts in Couple and Family Therapy
- *COUN6801: Sexual Attitude Reassessment*, Certificate in Sex Therapy and Sexuality Education
- *COUN6805: Sex and Relationships*, Certificate in Sex Therapy
- *COUN6810: Advanced Theory and Practice of Sex Therapy*

Affiliate Faculty: Antioch University, Seattle, WA Sept 2017-Dec 2018

- *COUN5470: Counseling Sexual Minorities*, Master of Arts in Couple and Family Therapy.
- *COUN6310: Advanced Theory: Brief Therapies*, Masters of Arts in Clinical Mental Health Counseling.

Adjunct Faculty: Bastyr University, Kenmore, WA, Apr 2015-Jun 2017.

- *PS3137: Positive Development and Social Advocacy for Adolescence through Adulthood*, Undergraduate Psychology Program.
- *PS5113: Theories of Psychotherapy*, Master of Arts in Counseling Program.
- *PS6112: Family Systems*, Master of Arts in Counseling Program.
- *PS6115: Psychology of Human Sexuality*, Master of Arts in Counseling Program.
- *PS6811: Practicum Seminar II*, Master of Arts in Counseling Program.
- *PS6812: Practicum Seminar III*, Master of Arts in Counseling Program.
- *PS6323: Assessment and Treatment of Children and Adolescents*, Master of Science in Nutrition and Clinical Health Psychology Program.
- *PS9406: Family Systems Online Supplemental*, Master of Science in Nutrition and Clinical Health Psychology Program.

COMMUNITY TRAININGS

O'Farrell, F. (2023). *Sex Therapy Supervision*. Guest Lecture for Seattle University, Seattle, WA.

O'Farrell, F. (2023). *The Developmental Model of Couples Therapy*. Continuing Education Training for Adaptive Counseling, Whidbey Island, WA.

O'Farrell, F. (2023). *A Brief Therapy Approach to Commitment Preparation*. Continuing Education Training for Clarity Counseling, Seattle, WA. April 2023.

O'Farrell, F. (2022). *An Introduction to Sex Therapy*, Continuing Education Training for People Bloom Counseling, Seattle, WA. September 2022

O'Farrell, F. (2019 & 2021). *Commitment Preparation and Premarital Therapy*. Continuing Education Training for Adaptive Counseling, PLLC, Seattle, WA.

O'Farrell, F. (2018, 2019, 2020, 2021 & 2022). *Working with Couples in Therapy*, Guest Lecture for the University of Washington, Seattle, WA.

O'Farrell, F. (2016). *Using Narrative Therapy*. Guest Lecture for the Marriage and Family Therapy Department at Pacific Lutheran University, Parkland, WA.

O'Farrell, F. (2015). *Sex Positive Therapy and Practice*, WAMFT Networking Event, Seattle, WA.

Ryan, J. & **O'Farrell, F.** (2014). *Our Evolving Sexuality*. Continuing Education Training for Ryan Couples Therapy, Firefly Energy Center, Gig Harbor, WA.

O'Farrell, F. (2014). *Preparation for Court*. Guest Lecture for the Marriage and Family Therapy Department at Pacific Lutheran University, Parkland, WA.

CLINICAL EXPERIENCE

Adaptive Counseling, PLLC, Seattle, WA, Feb 2014 – Present.

Relationship, Sex, and Intimacy Therapist.

Clinical Supervisor of Associate-Level Clinicians.

Antioch University Seattle, Seattle, WA, July 2017 – Present.

Clinical Supervisor of Couple and Family Therapy Student Interns.

Conscious Connections Denver, Denver, CO, Nov 2013 – Feb 2014.

Couple and Family Therapist

Bastyr Center for Natural Health, Seattle, WA, Jun 2016 – Sept 2017.

Clinical Shift Supervisor.

Navos, West Seattle, WA, May 2012 – Sept 2013.

Child and Family Therapist.

Navos, West Seattle, WA, May 2012 – Sept 2013.

Child and Family Therapist Intern.

PLU Couple and Family Therapy Center, Parkland, WA, June 2011 – June 2012.

Couple and Family Therapist Intern.

RESEARCH EXPERIENCE

Integrating the Wheel of Consent into Sex Therapy Training Curriculum, May 2023

Modern Sex Therapy Institutes, Palm Beach, FL

Principal Investigator: **Fiona E. O'Farrell, MA**

Purpose: Dissertation project to explore the benefit of integrating consent training into the foundational curriculum for systemic sex therapists in training.

Ageing with Pride: National Health, Aging, and Sexuality/Gender Study, Jan 2016-May 2016

University of Washington: School of Social Work, Seattle, WA

Description: Complete field interviews on a longitudinal national project designed to better understand the aging, health, and well-being of LGBTQ midlife and older adults and their families.

Research Interviewer, May 2014-May 2016

University of Washington: Seattle Social Development Group, Seattle, WA

Description: Complete field interviews on the Seattle Social Development Project, a longitudinal study investigating health, environment, and development into adulthood.

The Intergenerational Project, 2015-2016

Sponsoring Agency: National Institute of Drug Abuse

University of Washington, Seattle Social Development Group, Seattle, WA

Principal Investigator: Jennifer A. Bailey

Purpose: Longitudinal study that examines the effects and mechanisms of action of parental and grandparental drug use on child development.

Seattle Social Development Project: Environmental Mechanisms for Adult Health, 2014-2015

Sponsoring Agency: National Institute of Health and National Institute of Drug Abuse

University of Washington, Seattle Social Development Group, Seattle, WA

Principal Investigator: Rick Kosterman, PhD

Purpose: Longitudinal study investigating healthy behaviors and social development from childhood through adulthood.

Research Assistant, Nov 2013-Feb 2014

Colorado State University, Fort Collins, CO

Description: Assist with data analysis and review of ongoing programs at the university's therapy training center.

Military Families' Experience of Grief and Facebook: A Phenomenological Study, 2011-2013

Pacific Lutheran University, Parkland, WA

Principal Investigator: **Fiona E. O'Farrell**, MA

Purpose: Understand the grieving experience through Facebook for gold star family members who have lost a member during active military duty.

Research Coordinator II, Aug 2011-Mar 2013

University of Washington, Seattle, WA

Description: Design, implement, and disseminate results of behavioral studies associated with eating habits, accessibility to food, and diet.

Medical Provider's Perspective of Non-Suicidal Self-Injury, 2010-2011

Pacific Lutheran University, Parkland, WA

Principal Investigator: Tiffany Brown, PhD

Purpose: Create a collaborative approach with medical providers in understanding perspectives around screening techniques for non-suicidal self-injury through a mail-in survey.

Assessing the Impact of Menu Labeling in Schools, 2010-2012

Sponsoring Agency: Robert Wood Johnson Foundation

Purpose: To explore food choices in high school cafeterias accounting for variations in calorie labeling and education around food intake.

Research Coordinator, April 2009-August 2011

University of Washington, Seattle, WA

Description: Design, implement, and disseminate results of behavioral studies associated with eating habits, accessibility to food, and diet.

Momentary Reports of Social-Evaluative Threat Predict Ambulatory Blood Pressure, 2008

Western Washington University, Bellingham, WA

Principal Investigator: Barbara Lehman, PhD

Purpose: To investigate the correlation between naturally occurring social-evaluative threats and the effect of situational control and social-evaluative threat on cardiovascular functioning.

Rejection Sensitivity Related to Self-Esteem, Social Support and Emotional Evaluation in College Students, 2008

Western Washington University, Bellingham, WA

Principal Investigator: Barbara Lehman, PhD

Purpose: To investigate the relationship of college student's perception of rejection sensitivity to individual ratings of self-esteem, social support, and emotional evaluation.

ANTI-RACISM & DIVERSITY, EQUITY, and INCLUSION TRAINING

Beyond Multicultural: Psychotherapy on the Margins, Simple Practice Learning, Dr. Travis Heath,
January 2023.

S.L.A.M (Sexuality Liberators and Movers) Conference, October 2022.

DEI & EBI: Incorporating Anti-racist Strategies into Evidence-based Sex Ed Curricula, AASECT,
June 2022

White Girl Interrupting, AnnodRight, February 2022

Decolonizing Clinical Supervision, Simple Practice Learning, Dr. Jessica Chenfeng, and Dr. Dana Stone,
February 2021.

White Supremacy, Anti-Racism and Anti-Oppression Staff and Faculty Training, Antioch University
Seattle, Training & Caucusing Series, October 2020—April 2021.

White Faculty Caucus Facilitator, Antioch University Seattle, October 2020 – October 2022

From DEI to EDI, Courageous Conversations, Courtland Butts & David Davidson, November 2020.

Introduction to Courageous Conversations, Luis Versalles, October 2020.

Recruiting and Maintaining Faculty & Staff of Color, Innovative Educators, Martha Sales, EdD &
Aaron W. Hughey, EdD, August 2020.

Power and Privilege in the Therapy Office, Shadeen Francis, LMFT, June 2020

S.L.A.M (Sexuality Liberators and Movers) Conference, June 2020.

SEXUALITY TRAININGS

Abortion in the US: Realities, Laws, and Healing, AnteUp!, December 2022

AASECT Annual Conference, June 2022

LGBTQ+ Adolescent Bullying: Health Outcomes, Policy Influence, and Innovative Solutions

Kissing and Telling: Embodied Eroticism and the Stories Our Bodies Tell

Speaking from the Margins - No More! on a Journey to Decolonize Muslim Sexuality

African-centered Sex Therapy

Families of Youth Who Sexually Offend: Understanding Their Experiences in the Aftermath of the
Sexual Offense

Like a Pro: The Wheel of Consent for Professionals, October 2021

AASECT Annual Conference, June 2021

Trans and Intersex Centric Sex Ed Across the Lifespan

Affirmative, Pleasure-Based Therapy for Young Adolescents Exploring Gender and Sexuality

Young Sex, Old Sex: The Porn Star and the Little Old Lady Reveal What Therapists Should Know

Genital Practices Around the World and Implications for Educators, Counselors, and Therapists

Pleasure is the measure.

AASECT Virtual Conference, June 2020

Sex, Love, and Intimate Connections in the Midst of the Coronavirus Pandemic: Findings from a U.S. Nationally Representative Probability Survey
Confronting the Crisis: Creating Sexual Liberation Through Social Justice Work
Beyond the Bottom Step: Exploring the 2020 National Standards for Sex Education

Modern Sex Therapy Institutes, March 2020 -

Queering "Straight" Black Relationships: Navigating Sexual Behavior and Relationships with Black Heterosexual Individuals and Couples in the Southern United States, Marla Renee Stewart
Cultural Competence for Clinicians
Medical Factors Related to Sexuality and Sexual Functioning
Diversity in Sexual Expressions and Lifestyle
Sexuality Issues for People with Diseases, Disabilities, & Body Changes
Treatment of Sexual Offending Behavior
Addressing Common Sexual Concerns in Individual and Couples
ADHD in Love and Bed: Treating Couples when one partner has ADHD
The Intersection of Sexuality and Religion
Trauma-Informed Sex Therapy: Existential-Humanistic Approaches
Sexuality Later in Life
Therapy with LGBTQIA+ Clients
Biopsychosocial Approach to Pelvic Floor and Sexual Dysfunction
Cultural Considerations in Pelvic Floor and Sexual Dysfunction
Moving Toward Pragmatic Judgment-free Language in Discussion of BDSM Desires
Professional Communication and Personal Reflection Skills
Sexuality Leadership: Inspiring Community Engagement, Social Empowerment, and Transformational Influence
Contemporary Treatment of Male Sexual Dysfunction
Creating Space for Black Women in BDSM

AASECT WA Chapter Meet & Greets, Seattle, WA, Quarterly, 2019 – 2020

Working with Erotically Conflicted Men: When Desire and Disgust Collide
Safe Words on the Subject: Understanding Alternative Sexual Practices
Trans Relationships and Sex
Understanding Consensual Non-Monogamy and Polyamorous Relationships for Mental Health Professionals
Sex and Cannabis for Sexual Health Professionals
Book Club: A Discussion on Boys and Sex by Peggy Orenstein

AASECT Annual Conference, Philadelphia, PA, June 2019

Engaging Diversity Plenary
What's the "A" Again

Schiller Plenary with Kate Bornstein

Beyond Jealousy and Communication: Therapy for Polyamory's Biggest Challenges

Awards Luncheon Plenary with Stella Resnick

The Untouchables: Working with Sexual Misconduct Offenders on Campus

Minds, Hearts, Parts & More!

Institute for Sexuality Education and Enlightenment, Portland, OR July 2018 -

Professional Presentation Skills

Therapeutic Skills for Educators

The Exceptional Sex Educator

Joy of Intimacy

Sex and Culture

Orientation as a Living Entity

Sexuality, Ritual, Healing

Metamorphosis

Polyamory 101

Principles of Holistic Sex Ed

Sex Research

A History of Sexology

AASECT Annual Conference, Denver, CO, June 2018

The Ethical Management of Sexual Feelings

Passion, Pleasure, and Sexually Transmitted Infections

Vulvar Dermatoses: A Primer

Talk About Taboo! Interpreting the World of Age Play

Mitigating Stigma and Discrimination in BDSM

Minor Attracted Persons

Providing Training and AAASECT Continuing Education Credits

Girls & Sex: Navigating the Complicated New Landscape

Beyond Sensate Focus

Complexity of Couples, Sexual Desire, and Clinician Values

Beyond the Hashtag: Addressing Sexual Harassment, Coercion and Consent Among Human

Sexuality Professionals

Sexual Self-Efficacy as Political Power

Finding Pleasure and Intimacy When Sex is (Undesirably) Painful

Too Kinky for Kink

Expanding the Practice of Sex Therapy: A Training for Professionals, The 4-D Network, February 2018

Rocky Mountain Sex Summit, Salt Lake City Utah, August 2017

AASECT Annual Conference, Las Vegas, NV, June 2017

Combatting Sexual Misconduct in Schools
 Simmer with Communication
 Changing the Conversation
 Who's Afraid of Choice? Transgender Identity Today
 Strategies of Human Mating
 Discovering our Lives
 Hungers & Hypersexuality
 Envision Sexual Health
 Not all Homophobes are Straight
 Updating Traditional Sex Therapy Approaches

Sexual Attitude Reassessment, Northwest Institute on Intimacy, June 2016**Live Demonstration of Gina Ogden's 4-Dimensional Wheel Work with Couples**, Northwest Institute on Intimacy, March 2016**Advanced Sex Therapy and Clinical Sexology**, Seattle Pacific University, November 2015**CURRICULUM DEVELOPMENT**

Antioch University

- *COUN5240: Human Sexuality*, Master of Arts in Couple and Family Therapy
- *COUN5242: Fundamentals of Sex Therapy*, Master of Arts in Couple and Family Therapy
- *COUN5471: Diversity in Sexual Expression*, Master of Arts in Couple and Family Therapy
- *EDUC5830: Fundamentals of Sex Education*, Certificate in Sexuality Education
- *COUN5840: Assessment and Treatment in Family Systems*, Master of Arts in Couple and Family Therapy
- *COUN5900: The Developmental Model of Couple Therapy*, Master of Arts in Couple and Family Therapy
- *COUN5910: The Wheel of Consent*, Certificate in Sex Therapy
- *COUN6801: Sexual Attitude Reassessment*, Certificate in Sex Therapy and Sexuality Education
- *COUN6805: Sex and Relationships*, Certificate in Sex Therapy
- *COUN6810: Advanced Theory and Practice of Sex Therapy*, Certificate in Sex Therapy
- *EDUC6832: Sexuality Educator Practicum*, Certificate in Sexuality Education

Bastyr University

- *PS6112: Family Systems*, Master of Arts in Counseling Program.
- *PS6115: Psychology of Human Sexuality*, Master of Arts in Counseling Program.
- *PS9406: Family Systems Online Supplemental*, Master of Science in Nutrition and Clinical Health Psychology Program.

CERTIFICATIONS

Gottman Method Couples Therapy, Level I, The Gottman Institute

Completed, May 2017

The Developmental Model for Couples Therapy, Level I, The Couples Institute

Completed, Sept 2016

The Developmental Model for Couples Therapy, Level II, The Couples Institute

Completed, December 2021

SERVICE TO THE PROFESSION

American Association of Sex Educators, Counselors and Therapists (AASECT), Jan 2023

Personnel Committee Chair

American Association of Sex Educators, Counselors and Therapists (AASECT), Oct 2022

Certification Applicant Reviewer

American Association of Sex Educators, Counselors and Therapists (AASECT), Nov 2019

Abstract Reviewer

American Association of Sex Educators, Counselors and Therapists (AASECT), Mar 2018-July 2021

Washington State Chapter Head

The Gottman Institute, The Gottman Summit, Seattle, WA Oct 2015

Event Volunteer

American Association for Marriage and Family Therapy, Dec 2013-Jan 2014

Abstract Reviewer

INSTITUTIONAL CITIZENSHIP

Red Umbrella Student Group, Faculty Advisor, Student Club, Antioch University Seattle, May 2023 –

Present

Curriculum Committee, Antioch University Seattle, October 2022 – Present**Safezone Training, Antioch University, January 2019 & January 2022****Queer Club, Faculty Advisor, Student Club, Antioch University Seattle, July 2021 – Present****Couple and Family Therapy Executive Team, Antioch University Seattle, October 2020– Present****Faculty Leadership Team Member, Antioch University Seattle, Jan 2021 – Dec 2021****Sexuality Certificate Adjunct Faculty Mentor, Antioch University Seattle, December 2019 – Present****Safe Zone Coordinator, Antioch University Seattle, December 2019 – Present****Hiring Committee Member, Core Faculty Search, Couple and Family Therapy Department, Fall 2019 –**

Spring 2020

Hiring Committee Member, Director of Clinical Training Search, Couple and Family Therapy

Department, Fall 2019 – Spring 2020

Academic Council Member, Antioch University Seattle, July 2019 – December 2022

AFFILIATIONS

The Couples Institute

Mentee, Master Mentorship Program, 2023

American Association for Sex Educators, Counselors, and Therapists (AASECT)

Clinical Member, member since 2016

American Association for Marriage and Family Therapy (AAMFT)

Clinical Fellow, member since 2010

Washington Association for Marriage and Family Therapy (WAMFT)

Clinical Fellow, member since 2010

INTERESTS AND OTHER QUALIFICATIONS

PADI Certified Advanced Scuba Diver

Avalanche Awareness AIARE Level 1

Passionate about hiking, bicycling, and backcountry skiing

Knowledge of the French language and culture